

WALKIE TALKIE

Habit Formation

A. Morning Prayer

Lord, thank you for a new day.

Please go before me and clear the way.

Thank you for protecting me.

Thank you for guiding me.

Thank you for loving me.

In Jesus name, Amen.

SIGN OF CROSS +

B. Grace before meals

Bless us, O Lord, and these Your gifts, which we are about to receive from Your bounty.

Through Christ our Lord. Amen

C. Grace after meals

We give You thanks, Almighty God, for these and all Your gifts, which we have received through Christ our Lord. Amen

D. Prayer to Guardian Angel!

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day, be at my side, to light and guard, to rule and guide. Amen

FOOT NOTE

- ***Let us make the Habit of reciting all these prayers daily!!!***

